SEC Form 4	
FORM 4	

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for

the purchase or sale of equity securities of the issuer that is

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
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intended to sa	atisfy the affirmative litions of Rule 10b5- on 10.	(c).										
1. Name and Address of Reporting Person* Hooda Sheila				uer Name and Ticl ct <u>Holdings</u> ,			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
	(First) HOLDINGS, II	(Middle) NC.		e of Earliest Trans 9/2024	action (Mon	th/Day/Year)		Officer (give title below)	below	(specify)		
8325 SIX FO	RKS ROAD	4. If A	mendment, Date c	of Original Fi	ed (Month/Day/Year)	Line)	,					
(Street) RALEIGH	NC	27615					~	Form filed by On Form filed by Mc Person				
(City)	(State)	(Zip)										
		Table I - Non-I	Derivative S	Securities Ac	quired, D	isposed of, or Benef	icially	Owned				
1. Title of Secur	ity (Instr. 3)	2	. Transaction	2A. Deemed	3.	4. Securities Acquired (A	() or	5. Amount of	6. Ownership	7. Nature		

1. Title of Security (Instr. 3)	Date [] (Month/Day/Year) i	if any	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)	action of I		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Deferred Stock Units	(1)	09/09/2024		Α		132		(1)	(1)	Common Stock	132	\$0 ⁽²⁾	24,994.605	D	

Explanation of Responses:

1. Deferred Stock Units become payable in shares of Common Stock one year after termination of service as a director

2. Additional deferred stock units acquired pursuant to reinvestment terms under the director award agreement from a dividend paid on September 9, 2024, at \$0.185 per share

Remarks:

/s/ Evan Stolove, by power of 09/11/2024 attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.